





### Vaccine Ingredients

- Pfizer
- Moderna
- AstraZeneca

# What's in the Pfizer-BioNTech vaccine?



#### **mRNA**

Active ingredient - makes it work



#### **FAT**

Protects the mRNA



#### SALT

Balances the acidity or preservative



#### **SUGAR**

Keeps the structure



#### WATER

Main ingredient



| INGREDIENT  | TYPE  | USE IN<br>VACCINE  | USE IN<br>OTHER THINGS  |
|---|-------|--|---|
| mRNA  | Acid  | Teaches body to recognise Covid-19 spike protein                 | In all living cells, used in other vaccines and for cancer treatment      |
| (4-hydroxybutyl)azanediyl)<br>bis(hexane-6, 1-diyl)bis(2-<br>hexyldecanoate). | Fat   | Protects the mRNA acid and delivers it to the cell more smoothly | Toothpaste     Skin creams     Some medications     and cosmetics         |
| 2 [(polyethylene<br>glycol)-2000]-N,N-<br>ditetradecylacetamide               | Fat   | Helps the injection site absorb the vaccine.                     |   |
| 1,2-Distearoyl-sn-glycero-<br>3-phosphocholine.                               | Fat   |  |   |
| Cholesterol   | Fat   |  | In all animal products  |
| Potassium chloride  | Salt  | Makes the vaccine the right                                      | Medications to treat low potassium  |
| Monobasic potassium phosphate.  | Salt  | pH for the human<br>body<br>• Balances out<br>the acidity of the | <ul><li>Food additive</li><li>Medication to treat kidney stones</li></ul> |
| Sodium chloride   | Salt  | vaccine  | Table salt  |
| Dibasic sodium phosphate dihydrate  | Salt  |  | Desserts and condensed milk and puddings                                  |
| Sucrose   | Sugar | Helps the<br>molecules keep<br>their shape                       | Most food and in your coffee/tea  |

# What's in the Moderna vaccine?



#### **mRNA**

Active ingredient - makes it work



#### **ACID**

Stabiliser or emulsifier



#### **FAT**

**Protects the mRNA** 



#### SALT

Balances the acidity or preservative



#### **SUGAR**

Keeps the structure



#### WATER

Main ingredient



| INGREDIENT   | TYPE               | USE IN<br>VACCINE  | USE IN<br>OTHER THINGS  |
|--|--------------------|--|---|
| mRNA   | Acid               | Teaches body<br>to recognise<br>Covid-19 spike<br>protein  | In all living cells, used in other vaccines and for cancer treatment  |
| Tromethamine   | Acid<br>stabilizer | Helps the vaccine be stable and not  | Medication to reduce acid in urine and blood  |
| Tromethamine hydrochloride   | Acid<br>stabilizer | go off'  |   |
| Acetic acid  | Acid               |  | <ul> <li>Main ingredient in vinegar</li> <li>Wine, cheese and orange juice</li> <li>Used to make vitamin supplements and antibiotics</li> </ul> |
| SM-102   | Fat                | Protects the mRNA acid and   | Toothpaste     Skin creams     Some medications and cosmetics   |
| Polyethylene<br>glycol (PEG) 2000<br>dimyristoyl glycerol<br>(DMG)     | Fat                | delivers it to<br>the cell more<br>smoothly<br>• Helps the<br>injection site   |   |
| 1,2-distearoyl-sn-<br>glycero-3-glycero-<br>3-phosphocholine<br>(DSPC) | Fat                | absorb the vaccine   |   |
| Cholesterol  | Fat                |  | In all animal products  |
| Sodium acetate   | Salt               | <ul> <li>Makes the vaccine the right pH for the human body</li> <li>Balances out the acidity of the vaccine</li> </ul> | Flavour crisps     Nutrition injections where     a person has low sodium     levels in their blood   |
| Sucrose  | Sugar              | Helps the<br>molecules keep<br>their shape   | Used in most food and in your coffee/tea  |

### What's in the AstraZeneca vaccine?



#### DNA

Active ingredient - makes it work



#### **ACID**

Stabiliser or emulsifier



#### **ALCOHOL**

**Preservative** 



#### SALT

Balances the acidity or preservative



#### **SUGAR**

Keeps the structure



#### WATER

Main ingredient



| INGREDIENT   | TYPE            | USE IN<br>VACCINE   | USE IN<br>OTHER THINGS   |
|--|-----------------|---|--|
| DNA (Modified virus)   | Acid            | Teaches body<br>to recognise<br>Covid-19 spike<br>protein                                   | Present in all living cells<br>– used for other vaccines,<br>like flu and ebola  |
| Polysorbate 80   | Acid            | The vaccine has<br>a combination of<br>oil and water, so<br>this helps it stick<br>together | Soap, cosmetics, mouthwash and eyedrops Ice cream (stop it from melting too quickly) Some flu vaccines Heart medications for irregular heartbeat |
| Ethanol (amount in one dose of vaccine is less than in a slice of bread or a banana) | Alcohol         | Used as a preservative - stops contamination from bacteria and the vaccine 'going off'      | Wine, beer and spirits   |
| L-histidine  | Acid<br>(amino) | Helps to make<br>the vaccine work<br>better – as amino<br>acids make                        | All meat, fish, chicken, nuts and seeds     Arthritis and allergy medication   |
| L-histidine<br>hydrochloride<br>monohydrate  | Acid            | protein, which the<br>vaccine asks your<br>body to make                                     | Cosmetics, toothpaste and perfume  |
| Disodium edetate<br>dihydrate  | Salt            | Used as a preservative to stop bacteria contamination and stop the vaccine 'going off'      | Cosmetics  |
| Sodium chloride  | Salt            | Makes the vaccine the right pH for the human body   | Table salt   |
| Magnesium<br>chloride<br>hexahydrate   | Salt            | Balances out<br>the acidity of the<br>vaccine   | Baby formula milk, nutrition supplements and tofu  |
| Sucrose  | Sugar           | Helps the<br>molecules keep<br>their shape  | Used in most food and in<br>your coffee/tea  |